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Appendix D - ACSM Risk Stratification Screening Questionnaire Assess Your Health By Marking All True Statements. You Have Had: \_\_\_ A Heart Attack \_\_\_ Congenital Heart Disease \_\_\_ Heart Failure \_\_\_ Any Heart Surgery \_\_\_ Cardiac Arrhythmia \_\_\_ Coronary Angioplasty \_\_\_ Known Heart Murmur \_\_\_ Heart Palpitations You Have: \_\_\_ Experienced Chest Pain With Mild Exertion Mar 6th, 2024  
Preassessment Screening - ACSM14 ACSM's Health-Related Physical Fitness Assessment Manual [www.acsm.org](http://www.acsm.org) To Begin The Informed Consent Process, The Client Should Carefully

Read The Entire Form Or Have The Form Read Aloud While Following Along. Next, The Professional Should Review Some Of The Key Elements Of The Assessment, Including Purpose, Risks And Benefits, And Feb 3th, 2024  
ACSM Body Composition (% Body Fat) For Men And Women AGE  
Taken From ACSM'S Health-Related Physical Fitness Assessment Manual, 2ndEd. 2008. Pg 59. AGE AGE ACSM Body Composition (% Body Fat) For Men And Women. Author: Steve C Ruys Created Date: Feb 7th, 2024.

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