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High Blood Sugar, Low Blood Sugar

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4 TBSP. (1/2 Stick) Butter, Melted Oven To 2250. Beat Egg With Water Until Frothy. Add Nuts And Stir To Coat. Combine Ingredients, Add The Nuts, And Mix "ell. Spœad On A Baking Sheet In An Even, Single Layer

And Bake For One Hour, Stirring Every 20 Minutes, Until Nuts Are Dry. Brush With Melted Butter Jan 18th, 2024

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