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The Simplistic Claim That Psychotherapy Is Long Term And Counselling Is Brief. It Is Probably Advisable To Ask Anyone Who Uses The Term Psychotherapy Exactly How They Are Using It, And With What Justification! Most Psychotherapy, Like Counselling, Is Fundamentally Talking-based Therapy, Rest-ing On Psychological Contact, Theories And Techniques. Feb 6th, 2024

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#### Counselling & Psychotherapy 2019 - SAGE Publications Ltd

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A Pluralistic Framework For Counselling And Psychotherapy: Implications For Research Mick Cooper1 And John McLeod2 1 Counselling Unit, University Of Strathclyde, Glasgow (mick.cooper@strath.ac.uk) 2 Tayside Institute For Health Studies, University Of Abertay Dundee (j.mcleod@abertay.ac.uk) Published In: Counselling And Psychotherapy Research 7(3), 135 ...File Size: 109KB Mar 5th, 2024

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