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5. Look For Brown Rice, 100% Whole Grain Pasta, Cous Cous, English Muffins, Bagels, Waffles And Pancakes (whenever Possible). 6. Finally, Look For Foods Made With Less Commonly Known Whole Grains Such As Whole Barley, Bulgur, Quinoa, Kamut, Spelt, Buckwheat, Wheat Berries And Amaranth. Read Between The Lines! Apr 9th, 2024

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We Listen To The Person Who Is Meant To Be Talking. 1 Dojo's We Follow Instructions The First Time. 1 Dojo's We Keep Our Hands, Feet And Unkind Words To Ourselves. (responsible, Considerate And Caring) 1 Dojo's No Shoes In Class Day. After An Agreed Timescale). If Pupil Sit In Teachers Chair. Mr Hyett. 125 50 Show And Tell. 150 Hoose ... May 6th, 2024

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These Analogies Show Relationships Between Things And Their Parts. Want Examples? A Flap Is Part Of An Envelope, And One Of The Book's Parts Is Its Cover. Which Word Best Completes The Analogy? Tail : Dog :: Ceiling : _____ A. Roof B. Wall C. Room D. Floo Jan 14th, 2024

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