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Efficacy Of Cognitive-behavioral Therapy For Obsessive ... Obsessive-compulsive Disorder (OCD) Is Widely Recognized As A Serious And Debilitating Psychiatric Condition (e.g., Markarian Et Al., 2010). The Disorder Is Marked By Three Distinct Components. One Jun 12th, 2024COGNITIVE- BEHAVIORAL COPING SKILLS THERAPY MANUALProgram Consists Of 12 Sessions With The Goal Of Training The Individual To Use Active Behavioral Or Cognitive Coping Methods To Deal With Prob-lems, Rather Than Relying On Alcohol As A Maladaptive Coping Strategy. The Skills Also Provide A Means Of Obtaining Social Support Critical To The Maintenance Of

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