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Mind Over Matter, The Development Of The Mental Toughness Scale (MTS) By: Leilani Madrigal, Sharon Hamill, Diane L. Gill
Madrigal, L., Hamill, S. & Gill, D.L. (2013). Mar 2th, 2024.

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Mental Toughness For Soccer
Mental Toughness For Soccer Daniel Abrahams BSc MSc www.danabrahams.com
About The Author Dan Abrahams Is A Sport Psychologist Specialising In The Sport Of Soccer. He Is A Former Professional Golfer With A Degree In Psychology From The University Of London (First Class Honours)

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