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KARATE A Martial Art Born From The Essence Of Jujitsu, Karate And Kenjutsu Wado-ryu Karate, Which Is Also Called “Wado-ryu Jujitsu Kempoh”, Differs From The Other Three Major Schools Of Karate. The Others, Goju, Shitoh, And Shotokan, Maintain To Differing Degrees. Ryukyu Karate As 11th, 2024.

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12th, 2024 Mark E. Colgan Current Karate Rank: 5 Dan Shuri Ryu, 62006 – 2007
USKA National Point Champion In Black Belt Men Kata (forms) And Kobudo
(weapons). 2007 USKA All-American USKA World Champion In Black Belt Men Kata
(forms) 2008 . The List Above Is Not Complete, Keeping Track Of Personal Accolades
Has Never Been My Motivation For Competition, However, As A Competitor, I Have
Placed In Top 3 In Every USKA & PKC Tournament I Have Participated In ... 5th,
2024.

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HIGAONNA 10th Dan (pt.3) Goju Ryu Basics Power Training Of Goju Ryu Sugino
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