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The Science Of Yoga: The Risks The Rewards Hatha Yoga. I. Title. RA781.7.B757 2012 613.7'046—dc23 2011020408 ISBN 978-1-4516-4142-4 (print) ISBN 978-1-4516-4144-8 (eBook) To Nancy In Memoriam. There Is No Subject Which Is So Much Wrapped Up In Mystery And On Which One Can Write Whate Jun 4th, 2024

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